

“Physical Agent Modalities in Occupational Therapy” 29 & 30 September 2010

SYNOPSIS

Occupational Therapist aims to support individual's health and participation in life through engagement of occupations. For clients with musculoskeletal or neurological disorders, the pain can lead to decrease in motivation and participation in activities. Physical Agent Modalities (PAMs) is often used as an adjunct to occupational therapy interventions. It aids in pain modulation, tissue healing, increases tissue extensibility, modifies skin and scar tissue and reduces edema and inflammation. By addressing these symptomatic presentations, it enhances occupational engagement, maximizes client's independence in daily living and improves their quality of life. This workshop will discuss the foundational knowledge, underlying principles, indications, contraindications, and precaution for superficial and deep thermal; and electrotherapeutic modalities. General parameters, guidelines and framework for safe & effective use PAM will be provided.

TRAINER

Ms Teo Sing Hwee is a senior Occupational Therapist at TTSH. Since completion of her Bachelor of Health Science (Occupational Therapy), she attended the Hand Therapy Fellowship with Texas Women's University and specialized in upper extremity rehabilitation. She has a certification in Physical Agent Modalities from Exploring Hand Therapy Inc. She has been awarded the National Day Efficiency Medal 2010 in recognition of her dedication and exemplary service to the healthcare system.



TARGET PARTICIPANTS

Occupational Therapist who uses physical agent (thermal and electrical) modalities in their course of treatment for clients.

METHODOLOGY

Pre & Post course quizzes, lectures will be used in the workshop. Practical sessions will allow participants to set up PAMs and experience the PAMs being applied on them.

PROGRAMME

29 September 2010	30 September 2010
<ul style="list-style-type: none">- PAMs in OT- Pre-course Quiz Discussion- Application of PAMs during wound healing phases- Superficial Heat Agent<ul style="list-style-type: none">• Paraffin / Hot Pack / Fluidotherapy- Cryotherapy<ul style="list-style-type: none">• Ice massage / Cold pack / Ice towel / Ice pack / Cryo-compression- Practical session	<ul style="list-style-type: none">- Ultrasound-Transcutaneous Electrical Stimulation-Neuromuscular Electrical Stimulation- Practical session- Post-course Quiz and Discussion

WORKSHOP DETAILS

Date: 29 & 30 September 2010

Time: 9am to 5pm

Venue: Tan Tock Seng Hospital
Occupational Therapy
Department, Basement 1

Fees: SGD\$400.00 (inclusive of GST)
SGD\$360.00 (for SAOT members)

Closing Date: 13 September 2010

For Enquiry: AHINet@ttsh.com.sg

* All participants will receive certificate of attendance upon completion of course